



Adults Independent and Motivated

Making Independence Possible

June 8, 2018

Inside this issue:

5 Who Care Award	2
Transportation Update	2
AIM Outreach	2
AIM Principles	2
Socials	2
Hill Country Indoor	3
Volunteers	3
Website & Facebook	3

Past AIM Newsletters can be found on our website.

To reprint or share any part of this newsletter, please indicate that it first appeared in the AIM Newsletter.

Board Members:

- Ashley Sanchez, President
- Hector Sanchez, Vice President
- Julie Buchanan, Secretary
- Kim Eudy, Treasurer
- Ronda Phillips
- Suzanne Shepherd

Visit AIM – Sunday, June 10th 4pm

It is hard for families and potential participants to get a good idea what independence—with appropriate support—means without seeing where AIMers live. Our AIMers would love to show off their apartments—and tell you about their lives in the AIM community. If you will be attending, please email us at info@aimtx.org so that we can send you the address and map of where to park and enter.

Participant Corner – Amy Joins AIM! By Anne Yusim



Amy moved in to her one bedroom apartment and joined AIM after living in a group home, and then spending a few years at Marbridge Village. Amy always knew she wanted the independence she saw her high school and college friends achieving, but wasn't quite sure of how to get there. AIM provides Amy with an encouragement to live in a community of her peers, and the ability to be social in a safe place. When Amy was asked to write an introduction of herself, this is what she said, "My name is Amy. I enjoy being independent in my apartment. I work at a grocery store as a cashier. I also enjoy taking care of my Cat. She is 3 years old but acts like a kitten. I always

look forward to coming home to my apartment and making plans with my friends." Amy is enjoying her independence and looks forward to AIM gatherings and having friends as active as she is.

Walkers, Runners and Sponsors Wanted!

Would you like to have fun while helping a great cause? Then join us for our **2nd annual Tutus and Ties Fun Run on Sunday, October 7th at Lakeway City Park**. Several participants who do NOT consider themselves to be runners were pleasantly surprised to discover how much fun they had at last year's event! We have 6 fun activity stations along a 1.2-mile course (as well as a 5K option for those who prefer to bypass the stations).

In addition, we need Sponsors to reach our \$10,000 fundraising goal.

Visit www.aimtx.org/events.html to learn more!

5 Who Care Award

On Saturday, June 23rd KVUE News will air a 30-minute special during its 5pm newscast featuring the 2018 Five Who Care winners. Their vignette about AIM will air during this time and is also available on KVUE's website:

<https://www.kvue.com/video/news/local/outreach/five-who-care/five-who-care-ashley-sanchez/269-8107530>

AIM Core Principles

1. Safety
2. Employment or Meaningful Regular Activity Away from Home
3. Lifelong Learning
4. Healthy Living
5. Social Activities
6. Family Engagement and Family Commitment
7. Increasing Independence
8. Continuity

We appreciate KVUE sharing the accomplishments of 3 of our incredibly independent AIMers. AIM is very much a team effort, and we have 6 current AIMers, about 10 prospective AIMers who participate in socials to see if AIM might be a good fit for them, families of AIMers, and 6 very dedicated board members who ALL make our thriving community possible. We hope you enjoy KVUE's glimpse into the AIM lifestyle.

Transportation Update

AIM has been planning and fundraising so that we can provide transportation for AIMers to get to work and AIM activities. Through our successful fundraising efforts, we have enough money to operate a vehicle and hire a driver. However, we do not have sufficient funds to purchase a vehicle outright.

This has prompted us to consider other options. We are exploring the costs and logistics involved with partnering with a ride share or transportation company as well as reaching out to other non-profits to see if we could share resources.

We might yet conclude that the best option is to own and operate our own vehicle (minivan, SUV, sedan), but then again, maybe not. Our goal is to provide safe, reliable transportation in a fiscally responsible manner. Please contact us if you can help us accomplish that.

AIM Outreach

AIM's 2018 outreach thus far has included:

- The Regional Transition Fair for area school districts at Round Rock High School
- Hosting students from the Leander ISD SELF program when they visited the AIM community
- The CoAct Project Symposium at Marbridge (keynote speaker: Tim Shriver, CEO of Special Olympics)



Ashley Sanchez, Tim Shriver and Ronda Phillips

AIM Socials

AIM has socials for people who are taking the next step in exploring whether AIM is the right fit.

The socials in February, March, April and May included: Joshua's Stage Fine Arts Workshop x2, HCI Socials x 7, Family Picnic and dinner at Fuddruckers

Thank You to Hill Country Indoor!

Because of the generosity of Hill Country Indoor Sports and Fitness, the inaugural AIM Sparks basketball team had a fantastic place to practice. Thus, the Sparks were well prepared for the area Special Olympics tournament in San Marcos.

When basketball season ended, however, the focus on fitness didn't. HCI is welcoming AIMers each week for a different fun activity: flag football, volleyball, kickball, basketball, and soon-pickle ball!

Please help us show our appreciation to HCI! If you live in Bee Cave, Lakeway, or southwest Austin, we encourage you to consider joining HCI. Tell them AIM sent you.



The AIM Sparks, coached by Hector Sanchez and Ron Eudy, thoroughly enjoyed practicing at HCI.

AIM Volunteers

These past few months, volunteers have assembled AIM cookbooks, bowled with AIMers, and led HCI Fun Nights. We are so grateful to: Sophie Sanchez, Chris Sims, Brittany O'Beirne, Brian Stanley, Rohini Lumba, Teo Mefalopulos, Ben Harris, Bella Welborn, Eric Holmertz, Dory Ingram, Lake Travis High School students Lexy, Jacob, Abby, and Ben, and AIMers Rebecca, Amanda, and Cristina.

We would also like to extend our thanks to Janet and Robert Sopronyi for donating the shorts for the Sparks uniforms.

Revamped Website

We have been hard at work updating AIM's website with new content. Visit our website to see all the changes (with a few more still on the way): <https://www.aimtx.org/home.html>

AIM is on Facebook

Keep up with AIM between newsletters by following us on Facebook
<https://www.facebook.com/AIMATX/>

