

Adults Independent and Motivated Making Independence Possible

April 19, 2022

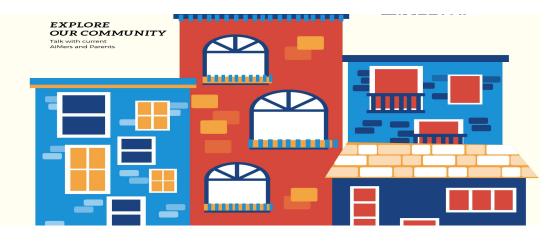
Visit AIM on Sunday, May 1st at 2:30pm

Have you ever wondered whether AIM might be right for your son or daughter? Are they doing well, but you wonder if they could be doing even better? The parents of AIMers have faced these same questions and are happy to help new families explore the answers.

On Sunday, May 1st at 2:30pm, AIM is offering the opportunity for Prospective AIMers and their families to visit our community. We will meet outside the apartment complex promptly at 2:30 pm and give a brief overview of our program. Then guests will break into small groups and will accompany current AIMers and their parents on a tour of the AIMer's apartment and the apartment complex. We will then all join together for a Question-and-Answer session. We anticipate finishing by 3:15pm.

The event will be held in the Lakeway/Bee Cave vicinity. On April 29th, we will share the exact address for our event with people who have signed up to attend. This promotes AIMer safety by continuing our practice of not publicly sharing the name of the apartment complex nor its exact location in public forums, including in our newsletters, emails, and social media.

Please sign up at this link by noon on April 29th if you wish to attend: <u>https://forms.gle/qqEKSZuicr5Eg3kQ8</u>



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Past AIM Newsletters can be found on our website.

To reprint or share any part of this newsletter, please indicate that it first appeared in the AIM Newsletter.

AIM Core Principles

- 1. Safety
- Employment or Meaningful Regular Activity Away from Home
- 3. Lifelong Learning
- 4. Healthy Living
- 5. Social Activities
- Family Engagement and Family Commitment
- 7. Increasing Independence
- 8. Continuity

AIM Socials

AIM has socials for people who are taking the next step in exploring whether AIM is the right fit.

Recent socials have included Bowling at High 5 and active fun at Hill Country Indoor!

Board Members:

- Ashley Sanchez, President
- Ronda Phillips, Vice President
- Julie Buchanan, Secretary
- Kim Eudy, Treasurer
- Bobby Jones
- Darla Jones
- Barb Lucido
- Hector Sanchez
- Suzanne
 Shepherd

Amplify Austin 2022

The 2022 area-wide day of giving known as Amplify Austin was an incredible success for AIM. We exceeded our goal and raised over \$25,000 for our community, receiving donations from 170+ donors. Since AIM doesn't charge a fee for our services, we rely entirely on fundraising and are extremely grateful to everyone who donated and helped spread the word. The power of social media meant that we received donations from around the country and from places as far away the Czech Republic.

We raised the most dollars in early giving for the small-nonprofit category and were awarded a \$2,500 prize from Amplify. Thank you so much, Amplify Austin and ALL the donors who helped this be our best Amplify yet.



Participants Corner



AIMer Zach has a way with words. With his permission, we are sharing the message he posted on his Facebook page a few weeks ago. Thank you, Zach, for sharing your happy story!

Wednesday was a day I will never forget. My grandparents got to see me working at Target and saw how much both the management team and me love each other which was so awesome. I take my job seriously and make sure the carts look clean as a whistle each time and I told them my favorite part is that whole family's have remembered my name. Which is something I never had happen at my old iob

Then after we went to my apartment and they met my roommate and our friends and again they loved meeting them. Let me tell you it's so much fun going back and forth between a job that I absolutely love to a group of friends that hang out each night after work it's pretty neat

Sparks take Silver in Regional Special Olympics Basketball Tournament

March Madness came early for the AIM Sparks basketball team. On March 12th, they competed at the regional Special Olympics tournament in San Marcos and took home silver medals. Congratulations, AIM Sparks!



Dance Waterloo Event Benefiting AIM

Dance Waterloo designates a local organization to be the beneficiary of a monthly event that they call "Low Impact for High Impact." They have generously designated AIM to be the beneficiary of their Monday, May 2nd event from 6:30pm-7:30pm. The activity will be a Guided Walking Meditation via Zoom and is open to anyone who registers and makes a donation of any amount. We hope you'll join us. Register here: https://www.eventbrite.com/e/low-impact-for-high-impact-tickets-192503482097

Thank you, Dance Waterloo!

Like us on Facebook https://www.facebook.com/AIMATX

Follow us on Instagram @aim_adultsindependent or <u>https://www.instagram.com/aim_adultsindependent/</u> Follow us on Twitter @AIMaustintx or <u>https://twitter.com/AIMaustintx</u>

Remember us on Amazon Smile: https://smile.amazon.com/ch/46-4998131



AIM

Fosters a sense of community via shared activities (social activities, learning opportunities, Special Olympics, etc.).

Provides AIMers transportation to work and AIM activities.

Does not charge a fee for its services.

Is a 501(c)(3) nonprofit organization funded through donations and fundraising.

Is modeled on a similar community in Kansas: TheMissionProject.org

Does not provide onsite staff.

Families

Independently arrange for an attendant to help their participant inside their apartment. Some participants will need support a couple of hours daily and others only a few hours per week.

Remain involved in their participant's life and help AIM with planning, logistics, and fundraising.

Participants

Must function relatively independently and be able to engage in group activities without an individual aide or attendant.

Socialize in planned group activities but also turn to each other for spontaneous activities (walking to Panera for lunch, meeting at the pool, playing games in one another's apartments, etc.).

Community

Compatibility among participants is

AIM is a growing community of active adults with IDD who live independently, with appropriate supports, in a walkable, vibrant area of Central Texas. essential. Thus, prior to full participation, there will be a period of time for potential participants to get to know each other through various activities to determine if they are indeed compatible.

Learn More

www.AIMtx.org 512-789-1068; <u>info@AIMtx.org</u> Like us on Facebook. Designate AIM as your charity and AIM benefits from Amazon purchases made on Smile.Amazon.com

www.AIMtx.org

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Join Us For a Tour!

ADULTS INDEPENDENT AND MOTIVATED

AIM is a community of active adults with disabilities like autism and Down syndrome who live vibrantly and independently in their own apartments with appropriate support.

