

Adults Independent and Motivated

Making Independence Possible

Amplify Austin

Every year people across Central Texas participate in a massive fundraising effort called Amplify Austin that raises over \$12 million for local charities. AIM is again participating in this effort and needs your assistance to reach our goal of raising over \$20,000 to help the adults with disabilities living in our community to thrive. If everyone who receives this newsletter donates \$10 and motivates 2 or 3 of their friends to do the same, we will reach our goal.

This event proves the power in numbers—demonstrating that if enough people say yes to donating even \$10—we can transform the lives of adults with disabilities like autism and Down syndrome who are part of our community. We encourage you to visit AIM's Amplify Austin page to see the video of Kim Eudy explaining what AIM means for her family. Use the links to visit the "fundraiser" pages and learn more about what AIM means to several AIM families.

Consider how transformative AIM is. People who lived EVERY DAY of their lives under someone else's roof now live 365 days per year under their OWN roof. Although the "someone else" was their parents who love them, it is profoundly satisfying, indeed exhilarating, to leave the protective daily supervision of Mom and Dad and to move into a place of our own.

AIM makes it possible for that transition to happen in a responsible way. Please spread the word to as many people as you can—your donation of any amount helps make independence possible.

https://www.amplifvatx.org/organizations/adults-independent-and-motivated

Eudy Video: https://vimeo.com/674644936



February 27, 2022

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Past AIM Newsletters can be found on our website.	

To reprint or share any part of this newsletter, please indicate that it first appeared in the AIM Newsletter.

AIM Core Principles

- 1. Safety
- Employment or Meaningful Regular Activity Away from Home
- 3. Lifelong Learning
- 4. Healthy Living
- 5. Social Activities
- Family Engagement and Family Commitment
- 7. Increasing Independence
- 8. Continuity

AIM Socials

AIM has socials for people who are taking the next step in exploring whether AIM is the right fit.

Recent socials have included the Lakeway Trail of Lights, AIM Family Christmas Party, Dinner at Panera, Pizza in the Park and active fun at Hill Country Indoor!

Board Members:

- Ashley Sanchez, President
- Ronda Phillips, Vice President
- Julie Buchanan, Secretary
- Kim Eudy, Treasurer
- Bobby Jones
- Darla Jones
- · Barb Lucido
- Hector Sanchez
- Suzanne
 Shepherd

AIM Turns 8!

One step at a time. AIM has found that is the best way to build a community that can go the distance. In the summer of 2013, one mom had over 50 phone conversations to gage interest in starting a community in Austin similar to The Mission Project in Kansas City, and from those conversations found 6 people ready to visit Kansas and see their program in action. We liked what we saw and began working to make it happen—attracting new people and losing others along the way. On February 19, 2014 AIM was officially incorporated and subsequently received our 501(c)(3) nonprofit designation. Eleven months later, 2 young ladies with Down syndrome moved into an apartment, thereby becoming the 1st AIMers. Today we have 8 with others participating in AIM Socials to see if AIM might be a good fit for them. Pictured below are the current AIMers from 8 years ago in 2014.

We are proud of our steady progress in the face of the pandemic, including having one new AIMer join our community in the midst of it. We are proud of our ongoing relationship with The Mission Project. We were initially drawn to their unique, innovative approach to creating community without building housing, choosing instead for their participants to live in an already existing apartment complex open to anyone. They now have 32 participants and are continuing to show us what is possible (and to share their blueprints for achieving it).

AIM and The Mission Project are the only 2 communities in the country taking this progressive approach, allowing adults with disabilities to live amazingly typical lives integrated into the wider community, while getting the additional supports they need due to their disabilities.



Blake & Gracie

Rebecca

Alicia

Zach



Barb & Chris



Cristina



Clark

Donor Spotlight

In December, Allison and Darin Lippoldt from San Diego, California donated \$5,500 to AIM. This amazingly generous donation was AIM's largest single donation in 2021, and our largest donation from outside of Texas. Allison is familiar with AIM because she is a childhood friend of Ashley Sanchez, the mother of AIMer Cristina. When asked what inspired their donation, Allison replied, "The fact that AIMers are able to live independently is huge, not only for themselves, but their families."

We couldn't agree more. From the bottom of our hearts, thank you, Allison and Darin, for recognizing what an achievement it is for AIMers to have such independence and for helping support it.

AIM by the Numbers - 2021

\$33,000	Money raised by 5th Annual Tutus and Ties Fun Run
\$20,000	Money raised by Amplify Austin
9,506	Miles driven in Sparky, AIM's minivan
1,133	Disinfecting wipes used in Sparky
\$1,000	Total received from AmazonSmile to date
916	Hours Volunteered with AIM
800	People who receive AIM emails Happy 8t
370	People who follow AIM on Facebook
203	Hours worked by AIMers each week on average
46	Meetings of Monday Night Group
37	Hill Country Indoor Nights
8	AIMers living as part of the AIM community
8	Part-time employees
7	# of years since the 1st AIMers moved into their apartments
5	Socials (other than HCI)
5	Outreach events
4	Prospective AIMers exploring whether AIM might be right for them
3	Weekly HCI Volunteers
1	Ongoing Pandemic
1	New AIMer (Welcome, Zach!)

The Passing of the Torch

For the past several years, Erika Musick Griffin has facilitated Monday Group. This weekly meeting allows AIMers to learn, problem solve, bond, support each other, and have fun. Erika's experience originally as a special education teacher and now as Transition Specialist in Lake Travis ISD have given her the expertise to understand and respond to AIMers' needs. Erika has enriched AIMers' lives with her steady influence and keen insights, and we will miss her greatly. Erika's schedule is no longer permitting her to facilitate Monday Group, but she helped us find a worthy successor before she stepped down. Kelsey Theis is a school counselor at Lake Travis High School, and we are delighted to have her leading Monday Group now.

Goodbye and THANK YOU, Erika, and welcome, Kelsey!







AIM is on Facebook, Instagram & now Twitter

AIM is a vibrant community with a lot going on—so much, in fact, that we haven't always found the time to share updates on social media. We are trying to change that with the help of Morgan Adams, sister of AIMer Blake. If you haven't checked us out in awhile, give us another look. Follow us on Facebook, Instagram, and Twitter.

Like us on Facebook https://www.facebook.com/AIMATX

Follow us on Instagram @aim_adultsindependent or https://www.instagram.com/aim_adultsindependent/
Follow us on Twitter @AlMaustintx or https://twitter.com/AlMaustintx

Remember us on Amazon Smile: https://smile.amazon.com/ch/46-4998131

2021 Donors

We extend our heartfelt thanks to everyone who helped AIMers thrive by making a donation to AIM in 2021. We appreciate you all!

\$5,000+ Donors
Darin & Allison Lippoldt

\$4,000+ Donors Independent Financial \$3,000+ Donors

Ashley & Hector Sanchez Carl & Suzanne Shepherd

\$2,000+ DonorsFacebook Fundraisers
Priority Roofing

2021 Donors cont'd

\$1,000+ Donors

Berry family

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Give Gab

Barb Lucido

The Murphy Family

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Connor Shepherd

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Up to \$250 Donors

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Ann V Brodnax

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2021 Donors cont'd

Up to \$250 Donors Continued

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Yolanda Vieira
Marcus Wecksten
Lisa Welborn
Terri White
Suzanne Wilson

Connor Duffey & Jillian Wood

Brenda Zambrana

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