

# Adults Independent and Motivated

Making Independence Possible

## **2017 in Review – AIM by the Numbers**

- \$11,900 raised in our 1<sup>st</sup> annual Tutus and Ties Fun Run •
- 100 people at the Fun Run
- \$1,500 received from our 1<sup>st</sup> grant from The Point Rider Foundation, paying for a • monthly recreational therapist and weekly Monday Group facilitator
- 45 meetings of the Monday Group
- 20 socials
- 2 day trips •
- 1<sup>st</sup> AIM Special Olympics Team the AIM Sparks •
- 3 AIM Sparks basketball practices •
- 3-part series of Creativity Workshops •
- 5 AIMers living in an apartment complex
- 10-15 prospective AIMers participating in socials ٠
- 2<sup>nd</sup> annual party barge attended by 41 participants and family members
- 1 full-day Strategic Planning Session for the Board of Directors •
- 6 Outreach and Networking Events
- 200+ AIM Cookbooks sold to date
- 36 UT Informal education classes attended
- 1,396 hours volunteered with AIM
- 106 hours worked on average every week by AIM residents

## **Anniversary Celebrations**



On December 5<sup>th</sup>, Alicia celebrated her 2nd anniversary living in the AIM community

On January 10<sup>th</sup>, Gracie and Cristina celebrated their 3rd anniversary

CONGRATULATIONS, Alicia, Gracie, and Cristina!

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Past AIM Newsletters can	

be found on our website.

To reprint or share any part of this newsletter, please indicate that it first appeared in the AIM Newsletter.

## **Board Members:**

- Ashley Sanchez, President
- Hector Sanchez, Vice President
- Julie Buchanan, Secretary
- Kim Eudy, Treasurer
- **Ronda Phillips**
- Suzanne Shepherd

## With Sympathy and Gratitude

## **AIM Core Principles**

- 1. Safety
- Employment or Meaningful Regular Activity Away from Home
- 3. Lifelong Learning
- 4. Healthy Living
- 5. Social Activities
- Family Engagement and Family Commitment
- 7. Increasing Independence
- 8. Continuity

## AIM Socials

AIM has small group socials for people who are taking the next step in exploring whether AIM is the right fit.

The socials in November, December & January include: Joshua's Stage Fine Arts Workshop x3, Christmas Celebration & Lakeway Trail of Lights, Fun with Friends led by a Joshua and Bowling at High 5



AIM extends our deepest sympathy to the family of JoAnna Moreland who passed away in January. JoAnna was devoted to her family, including her great granddaughter, Cristina. Cristina was one of the first people to begin "dating" the AIM program, and along with her roommate, was the first to move into their very own apartment! AIM would not exist today without Cristina's family pouring their hearts and souls into this great organization.

In lieu of flowers, the family requested that mourners honor JoAnna with a donation to AIM.

The generosity of JoAnna's many friends and family members has been incredible.

To date, AIM has received over \$1,500 in JoAnna's memory, donations that will help AIM fulfill our mission of making independence possible.

We are extremely grateful for this incredible outpouring of generosity.

## AIM in the News – Lake Travis Sports Magazine Feb 2018

#### LTISD SPECIAL OLYMPICS



BY ASHLEY SANCHEZ

A dults Independent and Motivated (AIM) is small community of adults with Intellectual and/or Developmental Disabilities (IDD) who live in the Lakeway/Bee Cave area. The first AIMers joined the community 3 years ago, and since that time we have seen slow, steady growth.

As part of that growth, AIM has just launched its first Special Olympics team. Our inaugural team is a 5-on-5 basketball team which will compete at the regional Special Olympics basketball tournament in San Marcos on February 23rd and 24th.

Watching a Special Olympics full-court basketball game can be an eye-opening experience. Sometimes the disabilities of adults with IDD are what first catch people's attention. When they take to the court, however, they are athletes competing for the win. They are tough on defense, aggressive on offense, and joyful when they sink a shot.

Similarly, the story of AIMers can be an eye-opening experience. These young adults have achieved a remarkable degree of independence. They are living in a regular apartment complex, going to work, playing sports, connecting with friends,



shopping for groceries, fixing dinner. In short, they are leading typical adult lives, which is actually quite extraordinary given their disabilities.

Team AIM is practicing at the newly-opened Hill Country Indoor Sports and Fitness. The team is tickled pink to be practicing on HCI's beautiful courts and truly appreciates HCI's support. Learn more about Hill Country Indoor at https:// hillcountryindoor.com and about AIM at AIMtx.org.

## Thank You to Our 2017 Donors!

AIM extends our heartfelt thanks to those who helped us make independence possible in 2017:

### Platinum Donors (\$1,500+)

Independent Bank The Point Rider Foundation

### Gold Donors (\$1,000+)

Eudy Law, PLLC IBC Bank Ashley & Hector Sanchez Suzanne & Carl Shepherd Spark Cognition

## Silver Donors (\$500+)

H&R Block – Lakeway – Bud Welborn Kenneth McKelvey Vivian & Richard Page Wells Fargo Advisors – Jim Perzan

#### Bronze Donors (\$250+)

Abracon, LLC American Solutions for Business Avanti Hills Apartments Baylor Scott & White Julie & Denny Buchanan Capital Otolaryngology Certa Pro Painters Susan & Frank Daniels Dayna & Steve Diven Cyndy & Don Erler Justice Pest Services, LLC Lake Country Insurance Old Castle Materials Michelle & Scott Riggs

### Friends of AIM (up to \$250)

AmazonSmile Foundation Austin ISD Velda Carroll Eaddy Dentistry John Kenner PAIYH Dance Studio Nita & Dan Perkins Pleasant Hill Elementary Ronda & John Phillips Sophie & Mandy Sanchez Shipley Donuts - Lakeway A Summer Smile Dentistry Laura Warren & James Alworth Karen Whitty

## **Silent Auction Donors**

Alamo Drafthouse Cinema Austin's Automotive Specialists Paula Bricker Julie & Denny Buchanan Ellen Carnesecca Driftwood Estate Winery Frost Gellato Betsey Hale Hand and Stone Massage Hill Country Indoor Patti Johnson Lake Travis Zipline Adventures Darlene Lyle Amanda Riggs Cristina Sanchez

## **Tributary Donations**

In Memory of Delbert Buchanan In Memory of Dorothy Perzan In Memory of Arved White In Honor of Karen & Clark Whitty